

# Geraldton Regional Aboriginal Medical Service

# August 2023 Newsletter

### **Events**

#### **HOMELESSNESS WEEK**

On Friday 11th August at Maitland Park, GRAMS collaborated with many other organisations to provide support and resources to those facing homelessness in honour of homelessness week 2023. Community members and those in need had access to a sausage sizzle, popcorn and slushies, kangaroo stew, cupcakes, dignity van, vaccinations, scarves and beanies, towels, clothes and blankets, dignity bags, and information on free TAFE courses and more. The event was well received by the community.







#### **CHILDREN'S DAY**

#### **GERALDTON**

To celebrate NATSI Children's Day, the Geraldton clinic hosted an event on Monday 7th August providing a BBQ lunch and activities to attendees.

#### **CARNARVON**

The Carnarvon clinic hosted a Child Health Day on Thursday 10th August, in which children completed their health checks, enjoyed a free BBQ, and went in the running to win some awesome prizes!

#### **ELDERS BINGO**

GRAMS hosts monthly Elders Events to bring together the elders of the community and encourage yarning. This month's event was Elders Bingo, taking place at QEII Community Centre on Thursday 31st August. Attendees enjoyed a free haircut and massage, and the chance to win many prizes!

## **Upcoming Events**

#### **RECURRING EVENTS**

#### **NYARLU YARNING**

**Date:** Every Friday **Time:** 10am – 2pm

Location: 65 Chapman Road, Geraldton

#### **MEN'S YARNING**

**Date:** Every Thursday **Time:** 10am – 2pm

Location: 65 Chapman Road, Geraldton

#### **ELDERS DAY - WILDFLOWER BUS TRIP**

Date: Thursday 7th September

Time: 9am - 3pm

Location: GRAMS Training Room, 60 Rifle Range Road, Geraldton

#### **MESSY PLAY DAY**

Date: Friday 8th September

**Time:** 10am – 2pm

Location: Sports and Recreation Centre, Mount Magnet

#### SEPTEMBER EVENTS

#### LET'S TALK BASKETBALL CARNIVAL

Take part in the Let's Talk Basketball Carnival for a chance to win a \$2000 cash prize! This event is to raise awareness for smoking, mental health, and suicide. Free registration

**Date:** 23rd & 24th September **Time:** First game at 9am

Location: Festival grounds, Carnarvon

#### **WOMEN'S HEALTH DAY - CARNARVON**

We're hosting a women's health day event at our Gascoyne Outreach Service, where you'll have the chance to win great prizes and have your women's health check! Contact us if you need assistance with transport.

Date: Thursday 21st September

Time: 8:30am - 2:00pm

Location: 14-16 Rushton Street, Carnarvon









## **Meet our Staff**



#### MARCELLA LORRAINE

Name and where are you from?

Marcella Lorraine Hudson from Carnarvon

#### **Position:**

I graduated last year from Marr Moordijt. I am the only Torres Strait Islander Health Practitioner in Carnarvon.

How long have you been working at GRAMS for?

I've been working at GRAMS for over a year.

What do you enjoy most about working at GRAMS?

I love my job, I love helping my people, and I love seeing those triple 0's in my bank.

What do you enjoy when you're not at work?

Life's never a dull moment, so I enjoy relaxing.

Favourite quote, movie, or song?

Mariah Carey - Dream Lover



#### **RON HERBERT**

Name and where are you from?

My names Ron Herbert, from Bunbury originally but I've been here for 23 years.

#### **Position:**

Aboriginal Health Practitioner.

How long have you been working at GRAMS for?

As long as they've been here.

What do you enjoy most about working at GRAMS?

Catering for our community for all different cultures and nationalities. Promoting health and helping the community with their health issues. I like the team here and my job.

#### What do you enjoy when you're not at work?

Peace and quiet, just to reset my mind. I enjoy gardening, fishing, being outdoors, travelling and I like to watch a lot of movies.

#### Favourite quote, movie, or song?

I try to make it fun wherever I go. I like all movies and songs; I don't have favourite one.

