



# Geraldton Regional Aboriginal Medical Service

## February 2022 Newsletter

### Red Dust Healing Kicks off for Men in Mount Magnet

GRAMS has been contracted by WA Primary Health Alliance (WAPHA) to deliver ten x 1day Red Dust Healing training sessions for men across the region by July 2022.

Under the GRAMS Suicide Prevention Strategy, the training is set to target the engagement of Aboriginal men. In the Midwest/Gascoyne/Murchison region Aboriginal men experience the highest rates of suicide in the world.

The Red Dust Healing training addresses significant key areas such as identity, family roles and structure, relationships, Elders, men's business, Indigenous history and the impacts of colonialism, drug and alcohol issues, family violence, grievance and loss, stress and mental health issues, anger management, education and employment housing issues, meetings and community contribution and governance.

Red Dust Healing is a group program for Indigenous men and women that examines the intergenerational effects of colonisation on the mental, physical and spiritual wellbeing of Indigenous families and encourages individuals to confront and deal with the problems, hurt and anger in their lives.

The first leg of the ten sessions commenced on the 8th and 9th of February in Mount Magnet with eight men attending the workshops. Further training is planned for Carnarvon on the 22nd and 23rd of February followed by training to be delivered in Geraldton and Meekatharra in March and April.

For further information please contact **David Batty on 9956 6655** or visit the GRAMS website [www.grams.asn.au](http://www.grams.asn.au).



# NO ENTRY WITHOUT A FACE MASK

For further information please call your local AMS  
Geraldton (08) 9956 6555  
Murchison Outreach Service (08) 9940 3222  
Gascoyne Outreach Service (08) 9947 2200  
[www.grams.asn.au](http://www.grams.asn.au)



Geraldton  
Regional  
Aboriginal  
Medical  
Service



# ZERO TOLERANCE TO ABUSE

Aggressive behaviour and any form of verbal or physical abuse to our employees will not be tolerated.

Our staff are working as hard as they can to support the community. Please be patient and respectful towards our team.

Follow us on  @GRAMSmob to keep up to date with the latest activities, programs and upcoming events.

For information on our services and programs, please phone GRAMS on  (08) 9956 6555 or visit our website  [www.grams.asn.au](http://www.grams.asn.au)