



Geraldton Regional Aboriginal Medical Service

July 2022 Newsletter

GRAMS 2022 NAIDOC Celebrations: Get Up! Stand Up! Show Up!

GRAMS celebrated NAIDOC Week 2022 through a number of events including a Big NAIDOC Breakfast and a Cake Cutting Morning Tea.

NAIDOC Week is an opportunity for the community to come together and recognise the history, rich culture, and achievements of the First Nations people. This year's theme is Get Up! Stand Up! Show Up! which aims to amplify the collective voices of the Indigenous community and narrow the gap between aspiration and reality, good intent and outcome.

Over 150 community members showed up for the NAIDOC Big Breakfast event to celebrate NAIDOC, share food, and have a yarn. A delicious breakfast was prepared and served by the wonderful GRAMS team which included fruit, yoghurt cups, bacon, eggs, sausages, spaghetti, baked beans, grilled mushrooms, and tomatoes.

The NAIDOC Cake Cutting Morning Tea took place the next day to commemorate the auspicious occasion. Uncle Barry Dodd and Uncle Ralph Dalgety shared their stories and highlight what it means to Get Up! Stand Up! Show Up!

"Get Up! represents the beginning of our journey for reconciliation and equality. Things needed to change so we decided to get up and do something about it," said Mr Dalgety. "We Stand Up! as one to work towards positive change and celebrate our proud culture. If we work together, we have more power and can get things done better."

"It's important to Show Up! as we celebrate what we have achieved so far and continue our mission to ensure Aboriginal representation," he added. "I encourage families and young people to participate and learn about First Nations' history and culture so we can stamp out racism."



Transition Care Program

What is TCP (Transition Care Program)

The TCP is a short-term care of up to 12 weeks that is goal/treatment-based program provided for elderly people to help them get on their feet after hospital stay.

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Who is Eligible?

- Aboriginal Client or Torres Strait Islander 50+ of age residing in Geraldton
- Client admitted by either public or private hospital and ready to be discharged

Who can do a Referral?

Acceptable referral comes ONLY through the hospital via ACAT (Aged Care Assessment Team)

What Services TCP team can Provide?

- Nursing Care
- Home Care e.g. cleaning, personal hygiene, meal preparations
- Allied health maintenance therapies e.g. physiotherapist, counsellors, social worker, diabetes educator, dietician
- Facilitate social activities

What is the TCP Team's Role?

- To provide safe and high quality culturally based care for Aboriginal or Torres Strait Islander people in the comfort of their homes post discharge from hospitals.
- To commence services within 48 hours after acceptance
- To care plan in collaboration with the client and significant others e.g family
- To regularly review the care plan and direct towards the client's goals
- To link clients with other support services required post discharge where possible

What is the Client's Role?

- To sign the agreement of services to be provided
- To engage in the agreed care and services
- To raise any concerns and provide feedback
- To give a notice and reason for withdrawal from services at any given time

Follow us on @GRAMSmob to keep up to date with the latest activities, programs and upcoming events.

For information on our services and programs, please phone GRAMS on (08) 9956 6555 or visit our website www.grams.asn.au